

# Katandra Weekly

17-27 Bankin St, Katandra West, 3634  
Phone: (03) 58283350 Fax: (03) 58283512  
katandra.west.ps@edumail.vic.gov.au



No: 2 Wed 5th February, 2020

Principal: Marcia Waters

## FEBRUARY



- Mon 3rd to Fri 7th — Swimming  
Wed 5th — NO Foundation students  
Mon 10th — Welcome Night@5pm  
— School Council BBQ@6pm  
— School Council meeting@ 7.30 pm  
Wed 12th — NO Foundation students  
Wed 19th — NO Foundation students  
Mon 24th to Fri 28th — Year 5 & 6 Canberra Camp  
Wed 27th — NO Foundation students

DATES TO REMEMBER

## PARENTS AND FRIENDS

Our AGM was held on Monday 3rd February and following were elected.

President: Jo Harry

Vice president: Laura Lawn

Secretary: Amy van Popering

Treasurer: Rochelle Clurey

S.C. Rep: Tamara McLarty

### CRICKET CLUB TEAS

This week's volunteers for this Thursday Nights Cricket Tea Roster are:

Joanne Harry, Michelle van Popering and Harris Family, Phil De Lai from School Council on chips.

Next week's Roster is:  
Mens Pizza Night, Daniel Mizzi, Rohan Pate and Tim van Popering from School Council on chips.

PARENTS & FRIENDS



## iPAD LEASE PAYMENT

Families that lease an iPad are reminded that their Term 1 Payment is due on **Friday 7th February**. The Term 1 Payment was paid upon pick up by families of students in Year 4 and other students that have just joined the program.

## SCHOOL NURSE—FOUNDATION 2020

There are still a few forms not returned for the school nurse visit scheduled for Tuesday 11th February to see the children. Could you please return the forms ASAP.



**Be Safe - Be Respectful - Be Strong - Be Your Best**

**ANAPHYLAXIS - EGGS**

This year we have one student who is anaphylactic to eggs and another student who is allergic to eggs (2/3 and 4/5/6 classrooms). It would be very helpful if you could please avoid sending eggs in sandwiches and other items where eggs are the main ingredients, such as quiche.



However, we know that eggs are included in many foods and because of this the following procedure will be applied:

- Children will eat at their desks, but anyone with egg will be seated at a designated desk
- Tables will be wiped when children finish eating
- Children will then wash their hands before going to play

Please do not be concerned about sending in birthday cakes, as an egg free alternative will be given to the child with the egg allergy. We really appreciate your support in this matter.

**YEAR 5/6 CANBERRA CAMP**

The Year 5/6 Canberra Camp is fast approaching. I am looking forward to travelling with our Year 5/6 students to our nation's capital and participating in the various activities on offer. Thank you to those families that have returned relevant forms and payment for the camp. Please return your child's forms and payment to the office ASAP if you haven't already done so.

**ACCOUNTS**

Families will receive their accounts today. If you have any questions regarding your account or would like to arrange a payment plan for your account, please contact Gabrielle at the office. Along with your account, we ask for a **voluntary donation** for grounds maintenance. Donations received from families are used to pay for the mowing (Katandra West Men's Shed currently provide this service) and other items for maintaining our beautiful grounds such as soft fall for the playground, spray for weeds etc. The voluntary payments for the grounds really does make a difference to our school. We suggest a donation of \$50 per family, however any amount your family can contribute is greatly appreciated.

**WELCOME NIGHT**

School Council would like to welcome back the school community by hosting a BBQ tea on **February 10th** this year. The BBQ tea is free of charge and will be available from **6.00 pm**. As it is a student event, smoking and alcohol will be prohibited. There will be some organized activities for families to participate in and will finish at approximately **7.15 pm**. Please RSVP by tomorrow via FlexiBuzz. Teachers would also like to welcome back the school community on this evening. Classrooms will be open at **5.00 pm** for families to look around, speak with their child's teacher and receive detailed information regarding the routines and expectations of each classroom. Your children will be able to show you where they are sitting in class and some of the work they have been doing early in the year.

**ZOOPER DOOPERS**

Students will again be able to buy Zooper Doopers after we all get back from swimming from the start of next week for **50 cents** each. Students are only able to purchase one zooper dooper a day and are discouraged from purchasing one for a friend.

FROM THE PRINCIPAL—Marcia Waters

**Be Safe - Be Respectful - Be Strong - Be Your Best**



NAME: Lilly M  
GRADE: 1  
TEACHER: Miss Loveridge  
FAVOURITE FOOD: Salami  
FAVOURITE GAME: Hide and Seek  
FRIENDS at SCHOOL: Izzy and Audrey  
WHAT HAVE YOU BEEN LEARNING? Swimming on my back  
FAVOURITE COLOUR: Pink  
FAVOURITE TOY/THING: LOL  
BEST THING ABOUT SCHOOL: Playing outside with friends  
WHEN I GROW UP: Teacher  
FAVOURITE HOLIDAY DESTINATION: Beach  
WHAT IS THE BEST THING ABOUT YOU? I'm a good friend.



## School Captains and Foundation 2020



**Be Safe - Be Respectful - Be Strong - Be Your Best**

# 'Water Only Schools' Program



## Drink Profile #1: Juice



**Sugar per 250ml Glass:** 5 - 7 teaspoons (juice with no added sugar)

**Details:** There is a common misconception that fruit juice with no added sugar is a healthy alternative to soft drinks. However, juice can have as much and sometimes more sugar than soft drinks.

Fruit naturally contains sugar, which is fine to consume in a piece or two. However, a glass of juice can contain 4-5 large pieces of fruit, resulting in the consumption of a large amount of sugar.

**Healthy Alternative:** Provide your kids with a piece of fruit rather than a glass of juice, it is higher in fibre and they'll consume much less sugar. Be sure to give them a glass of water with their fruit!

**How Often:** Juice is a sometimes drink.



## EVERY DAY COUNTS...

**A day here or there doesn't seem like much, but...**

When your child misses just...	that equals...	which is...	and therefore, from Kindy to Year 12, that is...	This means that the best your child can achieve is...
1 day each fortnight	20 days per year	4 weeks per year	Nearly 1 ½ a years of school	Equal to finishing Year 11
1 day a week	40 days per year	8 weeks per year	Over 2 ½ years of school	Equal to finishing Year 10
2 days a week	80 days per year	16 weeks per year	Over 5 years of learning	Equal to finishing Year 7
3 days a week	120 days per year	24 weeks per year	Nearly 8 years of learning	Equal to finishing Year 4

*Give your child every chance to succeed...*

**Every day counts!**



**Be Safe - Be Respectful - Be Strong - Be Your Best**





**ATTENTION U/14 FOOTBALLERS & THEIR FAMILIES**

Want to play in a team that is all about inclusion, development & enjoyment ?

Katandra FNC is the place for you ! With over 100yrs of history, our club prides itself on reflecting true community spirit.

If you are aged between 10-14yrs of age we want to hear from you.

Our commitment to you is:

A Fun Environment with 1<sup>st</sup> Class Coaching in a Family Orientated Club

No Registration Fees

Player Start Up Pack – includes a pair of shorts, socks & \$20 sports voucher

One Free Social Membership for nominated parent/guardian

For further information please contact Nathan White on 0409416392

**Be Safe - Be Respectful - Be Strong - Be Your Best**