

Katandra Weekly



17-27 Bankin St, Katandra West, 3634
Phone: (03) 58283350 Fax: (03) 58283512
katandra.west.ps@education.vic.gov.au

No: 24 Wednesday 19th August, 2026

Principal: Marcia Waters

DATES TO REMEMBER

AUGUST

Thurs 20th – Science Week event
@ 3.00pm
Fri 21st – Wear a “Pop of Purple”
Fri 28th – Book Week activity, dress up
as a book character
Mon 31st – School Council @ 7.00 pm

SYMPHONY OF
STORIES

PARENT PAYMENT

Accounts have been sent home to those who have not paid the Parent Payment for recent excursions and the swimming program.



Parent Payment ensures that we can continue to provide quality resources to support the rich educational program at Katandra West Primary School.

The Parent Payment can be paid using direct deposit, cash or EFTPOS. It can also be paid via instalments throughout the year. Contact the office to discuss this.

THANK YOU

Thank you to Steve Whittingham for taking the time to prune our hydrangeas at the front of the school. We appreciate your help in getting that job done!



CRICKET TEAS

The 2026/2027 cricket season is approaching fast. We have recently sent out a Xuno notice explaining the major fundraising opportunity that the P&F organise in conjunction with the Katandra Cricket Club, known affectionately as “**Cricket Teas**”. We have included those details further in this newsletter. Please take the time to read the information so that you can be involved in this amazing, major fundraiser that goes to support all students at Katandra West Primary School.



BEANIES ON SALE

Winter is here! Remember That Katandra West Primary School beanies are available to purchase from the office. The beanies cost \$25.

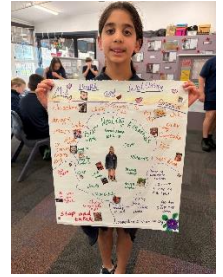


PARENTS & FRIENDS

Be Safe - Be Respectful - Be Strong - Be Your Best

FOCUS ON HEALTH

Last week, our Year 4, 5 and 6 students participated in Health Week, exploring what it means to look after both our **physical and mental health**. Students learnt about the Australian Dietary Guidelines, healthy eating, the importance of sleep, processed foods, added sugar, screen time, stress and the impact that air pollution, vaping, smoking and smoke from fires can have on our health. Students investigated food labels and compared the amount of added sugar in popular food products. They also explored the difference between wholefoods, minimally processed foods and highly processed foods, learning that while processed foods can be enjoyed sometimes, our diets should include plenty of nutritious wholefoods. They also explored stress and its effect on our wellbeing. Students learnt that a small amount of stress can be helpful and can motivate us to complete tasks, try our best and meet challenges. However, too much stress can have a negative impact on our sleep, mood and mental wellbeing, so it is important to recognise when we are feeling overwhelmed and use healthy strategies to manage it. To showcase their learning, students created Health and Wellbeing posters with different sections. **"My Healthy Essentials"** highlighted the things we need to stay healthy, while **"Sometimes is OK"** focused on things we can enjoy in moderation. **"Stop and Think"** encouraged students to pause and consider choices that may have a negative impact on our health. The Year 4 students also included a section where they recorded **healthy habits they would like to try** following their learning throughout the week. Our Year 5 and 6 students explored some of the changes that happen during puberty and recorded the different things their growing and changing bodies need. It was a fantastic week of learning, with students developing a greater understanding that being healthy is about more than just food and exercise — it is about looking after our **whole selves** and making positive choices for our physical and mental wellbeing. **Thank you to Brooks Farms** for their generous donation of delicious **blood oranges** last week. Students across all year levels enjoyed trying them and learning about the benefits of including nutritious, fresh fruit in their diets.



BUSY WEEK

It certainly has been a busy week at Katandra West Primary School. We welcomed families into the BER building to share students' STEM project for Science Week yesterday. I will include a wrap up of this event in next week's newsletter. Today there is a **"Pop of Purple"** in classrooms as students reflect on the messages discussed during Bullying No Way Week. I have shared the daily focus with you via Xuno throughout this week. I hope this may help with conversations you have with your children about how small actions can have a big impact on those around us.



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STUDENT PROFILE

NAME: Olivia

GRADE: Four

TEACHER: Miss Capper

FAVOURITE FOOD: Pizza

FAVOURITE GAME: Netball

FRIENDS AT SCHOOL: Lil, Grace H, Poppie, Grace, Scarlett & Charlie.

WHAT HAVE YOU BEEN LEARNING: The First Fleet

WHAT IS YOUR FAVOURITE COLOUR: Pink

FAVOURITE TOY / THING: Cat

BEST THING ABOUT SCHOOL: Sport

WHEN I GROW UP: Waitress

FAVOURITE HOLIDAY DESTINATION: Bright

WHICH SCHOOL VALUE IS YOUR FAVOURITE? Be Your Best

WHY: Because I try my best.



STUDENT AWARDS

STUDENTS OF THE WEEK

F/1: Matilda P

2/3: Ed

4: Charlie

5/6: Emmett



KATANDRA KEYS



HOME READERS

Be Safe - Be Respectful - Be Strong - Be Your Best

SYMPHONY OF STORIES

CHILDREN'S BOOK WEEK EVENT

FRIDAY 28TH AUGUST 2026
@9.00AM



ORDER OF EVENTS

- 9.00 - 9.05: STUDENTS MEET THEIR TEACHER IN THEIR CLASSROOM TO COLLECT THEIR BOOK BOX TO TAKE OUTSIDE. PARENTS/CARERS GATHER UNDER THE HAY SHED FOR THE PARADE
- 9.05 - 9.15: COMMENCE BOOK WEEK PARADE UNDER THE HAY SHED
- 9.15 - 9.30: INVITE STUDENTS AND PARENTS/CARERS TO FIND A PLACE TO SIT TOGETHER AND READ
- 9.30: THANK PARENTS/CARERS FOR COMING AND SAY GOODBYE. STUDENTS RETURN TO CLASSROOM WITH THEIR TEACHER



**COSTUMES, CHARACTERS, AND BOOKS TO SHARE –
JOIN OUR SYMPHONY OF STORIES!**

Be Safe - Be Respectful - Be Strong - Be Your Best

KATANDRA WEST PRIMARY SCHOOL PARENTS & FRIENDS COMMITTEE

THURSDAY NIGHT CRICKET TEAS

Cricket season is starting in **October!** 

For families who may not know, the Parents & Friends Committee (P&F) proudly provides the Thursday night cricket teas for our local community throughout the cricket season.

WHAT DOES P&F PROVIDE?

Across approximately **15 Thursday nights**, P&F supplies:

-  **1 Cook** – preparing and keeping up with the food
-  **2 Helpers serving** – helping serve meals to the community
-  **1 Helper for dishes**
-  **1 Helper on the till**

There will also be an **allocated School Council member responsible for cooking the chips, schnitzels and nuggets.**

HELPER TIMES

Helpers will be required from approximately **5:30pm until 8:30pm**, depending on how busy the night is and when everything is finished.

A MEAL & DRINK FOR OUR VOLUNTEERS

The **Cricket Club** will provide each volunteer with a meal and a drink once the rush of dinner service has finished.

EVERY FAMILY CAN HELP!

We would love to see every P&F family participate **at least once – and ideally twice – throughout the 15 nights.**

These nights are an important fundraiser for our school and are only possible when our families work together.

WHERE DOES THE MONEY RAISED GO?

The money raised through P&F fundraising goes directly back into supporting our students and families.

P&F fundraising has helped provide:

-  **Reader folders**
-  **School hats**
-  **Subsidies towards school camps**
-  **Subsidies towards swimming**
-  **Upgrades and purchases of educational items and resources**

☐ Play equipment

 A donation towards the end of year student celebration

 Subsidies towards incursions and excursions

So when you volunteer for a Thursday night cricket tea, **you are directly helping provide these benefits and opportunities for our children.** 

 **WOULD YOU LIKE TO BE THE COOK?**

If you would like to put your hand up to cook, please speak with **Ms Waters**, who can point you in the right direction and let you know who to contact.

 **NOT SURE WHERE YOU FIT?**

If you aren't comfortable cooking, serving, working the till or doing dishes, please speak with **Ms Waters before your name is allocated.**

We can look at other ways for you to volunteer with P&F that suit your skills and comfort level.

 **PLEASE REMEMBER**

Once you have been allocated a Thursday night, there is an expectation that you will attend.

We understand that life happens and sometimes things come up, but **it is your responsibility to arrange a swap with someone else** if you cannot make your allocated night.

Swaps can be organised through the **KWPS P&F 2026 Messenger group**. If you need help or are not in the group, please contact the **school office**.

When someone doesn't turn up, it puts extra pressure on the rest of the team who have volunteered their time.

We want these nights to be enjoyable and successful for everyone, so please communicate with us as early as possible if you have any concerns.

 **THANK YOU TO OUR P&F FAMILIES!**

These cricket teas are a wonderful way for our school and wider community to come together, while also raising valuable funds for our students.

Every family helping makes a difference!  

Please call the office if you have any questions.



KATANDRA WEST

KINDERGARTEN (PENDING DEPT APPROVAL)

EXPRESSIONS OF INTEREST FOR 2027

OPEN NOW

Apply now for 2027!
Expressions of interest
now open. Email
admin@grpsa.com.au

- ✓ Family and community orientated.
- ✓ Free 20 hours per week of kinder for 3 and 4 YO.
- ✓ Individual attention in a small group setting.

APPLY NOW



Contact Us
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Visit Our Website to enrol
grpsa.com.au



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