

Katandra Weekly

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No: 27 Wed 28th August, 2019

Principal: Marcia Waters

AUGUST

Fri 30th — Father's Day
Breakfast

SEPTEMBER

Mon 2nd — S.C. Finance
Training

Tues 3rd — 2020 Foundation
Transition

Fri 6th — P & F. Lunch Day

Mon 9th — School Council @
7.30

— 5/6 Cultural Day @
Orrvale PS

Tues 10th — Melbourne
Renegades Mascot
Van visit to KWPS

Thurs 12th — AFL 9's @
Congupna

Fri 13th — State Mixed Netball

Thurs 19th — Whole school
excursion to
Melbourne Zoo



DATES TO REMEMBER

The next P & F Lunch will be on **Friday 6th September**, spaghetti bolognese is on the menu. We are sending home the lunch order form with today's newsletter. Orders must be back at school by Monday 2nd September.

PARENTS & FRIENDS



BOOK CLUB

Scholastic Book Club orders need to be in by this Friday, thank you.

 SCHOLASTIC

 Book Clubs

Every Child Deserves a Good Book

Be Safe - Be Respectful - Be Strong - Be Your Best

5/6 15 MILE CREEK CAMP

I have received a USB from camp with over 700 photos from the time our Year 5/6 students attended 15 Mile Creek. If your child attended the camp and would like a copy of some (or all) of the photos, please send a USB along with them to school. Mrs Campbell and Mr McDonald will give students time to save the photos they would like onto their USB sometime over the next week.



RESPONSIBLE PET OWNERSHIP

All students attended a Responsible Pet Ownership session last week. Students learnt about recognizing signs of aggression in dogs and how to approach a friendly dog with its owner safely. They enjoyed meeting "Basil" and some students were lucky enough to demonstrate how to approach and pat Basil safely.

FATHER'S DAY BBQ AND GIFTS

Thank you to all the families that have paid the **\$5** for the **Father's Day Gift** and also the **\$2 per person** (under 5 free) for the **Father's Day Breakfast**. If you have not already paid, please send the money to the office this week. It looks like Friday morning will be a bit chilly but will turn out to be a lovely day. See you at the BBQ from **8.00 am**

UPCOMING EVENTS AND EXCURSIONS

There are a number of exciting excursions and events coming up for our students in the last few weeks of Term 3. Notices and permission forms will be sent home over the next couple of Wednesdays (including today), so please ask your child to retrieve them from their school bag at the end of each Wednesday.



SUPPORT FOR FAMILIES

I have attached some flyers to this newsletter from Catholic Care regarding programs they offer for children and families. The support programs they provide seem relevant for children in today's climate. I encourage you to take the time to read through them to decide if any of them are worthwhile for your child and family.

FROM THE PRINCIPAL—Marcia Waters

Be Safe - Be Respectful - Be Strong - Be Your Best

NAME: Isabelle
 GRADE: 6
 TEACHER: Mrs Campbell
 FAVOURITE FOOD: Arancini Balls
 FAVOURITE GAME: Netball
 FRIENDS at SCHOOL: Em, Daija, Molly & Alana
 WHAT HAVE YOU BEEN LEARNING? Procedural Writing
 FAVOURITE COLOUR: Aqua
 FAVOURITE TOY/THING: Netball
 BEST THING ABOUT SCHOOL: Hanging with Will
 WHEN I GROW UP: Dance Teacher
 FAVOURITE HOLIDAY DESTINATION: America
 WHICH SCHOOL VALUE IS YOUR STRENGTH? WHY? Be Respectful—because I respect other peoples feelings and things.



CURRICULUM DAY: SMART SPELLING

The staff at Katandra West Primary School completed training in SMART Spelling on Monday's curriculum day. SMART Spelling is a sensible, systematic approach to spelling for primary teachers. During the training, discussion regarding the difference between meaningful feedback and correction of student writing occurred. As a result, we believe that your child's writing skills are a work in progress. You will see many approximations and attempts at spelling in their writing book. We will encourage risk-taking and creativity in writing, so not all errors will be corrected all of the time, as it depends on the focus of the writing. The purpose of correction is to provide meaningful feedback for growth. Teachers will be providing focussed and specific feedback to students on select spelling errors. If we were to analyse all spelling errors that students may make at one point in time, it may discourage them from taking risks in spelling difficult words and also overwhelm them with feedback and confuse them with too much information.

KATANDRA EAGLES JUNIOR CRICKET



Katandra Junior Cricket Club will be fielding a junior girls team for the 2019/20 season. The team will be in the u/13 girls only competition, any girls aged 10 and above are welcome to play or come along to training to see if they would like to play. Training and playing times will be determined in the next couple of weeks. For more information please contact Paul Harry on 0400158328 or email pauljoharry@bigpond.com

Be Safe - Be Respectful - Be Strong - Be Your Best

TRANSITION

Shepparton



'Transition' is a weekly meeting group for Grade 6 students going into Year 7. Students from various schools around the Goulburn Valley will gather to build social support, develop life skills, and enhance resilience.

To support the transition into secondary school and adolescence, members meet out of their regular school and home environments during Term 4 of 2019 and Term 1 of 2020. Meetings will cover various topics related to school & life, explore different values, all while having a bit of fun and going on the occasional outing.

Information Sessions for parents, guardians and students

Information Session 1	Tuesday 27th August 2019, 1.00pm - 2.30pm
Information Session 2	Tuesday 27th August 2019, 6.30pm - 8.00pm
Information Session 3	Thursday 29th August 2019, 1.00pm - 2.30pm
Information Session 4	Thursday 29th August 2019, 6.30pm - 8.00pm
Where:	CCS Family and Relationship Services, 68 Wyndham Street, Shepparton

Weekly Meetings

Term 4 2019

When: Tuesdays, 8th October - 17th December 2019
(10 weekly meetings, no meeting on 5th November due to Public Holiday)

Term 1 2020

When: Tuesdays, 28th January - 24th March 2020
(9 weekly meetings)

Time: Meetings from 4.00pm - 5.30pm

Where: CCS Family and Relationship Services, 68 Wyndham Street, Shepparton

Groups are subject to maximum and minimum numbers determined seven working days prior to start date. Please register early

Family Mental Health Support Services

Group activities in Shepparton—Term 4, 2019

Seasons for Growth is an eight week group program that aims to support children aged 10-12 who are experiencing grief and loss. The program also assists with learning about effective ways to respond and adapt to change.

Starts: Wednesday the 9th of October

Time: 3.45pm-4.45pm

Emotikids is a six week group program that aims to assist children aged between 5 and 7 to learn how to identify and manage emotions, learn different ways to be calm and relaxed and build self-esteem.

Starts: Wednesday the 9th of October (group 1)

Thursday the 10th of October (group 2)

Time: 3.45pm-4.30pm

Transition is a weekly meeting group for grade six students, who will be starting Year 7 in 2020. The group gathers to build social support, develop life skills, and enhance resilience. The group will meet weekly between Term 4 and Term 1 in 2020.

Starts: Tuesday 8th of October

Time: 4.00pm to 5.30pm

Space4us is a free peer support program for young people aged 13-18, who have a parent with a mental illness. Participants will learn new ways of building self care, understanding mental illness and improve relationships.

Dates: Thursday the 26th and Monday the 30th of September, and Tuesday the 1st and Wednesday the 2nd of October (participants are required to attend all four days)

Time: 10.00am-3.00pm

Above programs are held at CatholicCare Sandhurst (68 Wyndham Street, Shepparton).

All groups listed are free of charge for participants. Group registrations close two weeks prior to the starting date, and require minimum participant numbers to proceed.

For more information or to register your interest for a group, please call the Family Mental Health Support Services (FMHSS) team at CCS on 5820 0444, or email shep@ccds.org.au



Family and Relationship Services

Group activities in Shepparton—Term 4, 2019

Mind Master is a six week group program for children between the ages of 8 and 12 that provides a space for children to explore positive and negative thoughts, emotions and worry and to learn strategies to manage negative thoughts.

The program begins with an information session for parents who have enrolled their child in the group.

Starts: Monday the 14th of October

Time: 3.45pm-4.45pm

Parent session: Tuesday 8th of October

Time: 5.30pm-7.15pm

Bringing Up Great Kids is a six week program to help parents to build strong and positive relationships with their children, increase children's confidence and better understand messages from children's behaviour and how to respond to them.

Afternoon sessions: begins Tuesday the 15th of October, 1.00pm—3.00pm.

Evening sessions: begins Tuesday the 15th of October, 5.30pm-7.15pm.

Kids and Worry is a two hour workshop to help parents explore reasons why children worry, and ways that parents and carers can support their children. It will include practical ideas to assist children to manage their worries.

Session times:

Tuesday the 10th of December,
12.30pm to 2.30pm.

Tuesday the 10th of December,
5.30pm to 7.15pm.

Above programs are held at CatholicCare Sandhurst (68 Wyndham Street, Shepparton).

All groups listed are free of charge for participants. Group registrations close two weeks prior to start date, and require minimum participant numbers to proceed.

For more information or to register your interest for a group, please call the Family and Relationships Services team at CCS on 5820 0444, or email shep@ccds.org.au